

Ayrshire Tigers Risk Assessment



Club / Venue name: Ayrshire Tigers Powerchair Football Club

Assessment carried out by Stuart Niven

Date assessment was carried out: 7th of October 2020

Date of next review: 1st March 2021

Important links on managing risk:

[Scotland's route map through and out of the crisis](#)

[HSE Health and Safety - Risk assessment advice](#)

[Getting your facilities fit for sport guidance](#)

[Getting your coaches ready for sport](#)

*Responsibilities of management

What are the hazards?	Who might be harmed and how?	What are you already doing to control the risks?	What further action do you need to take to control the risks?	Who needs to carry out the action?	Date complete	Review
Dropping off and access to the facilities	Players exiting cars, transferring from and into day-chairs and accessing facilities	Parents carers and players to be aware of risks when transferring from car to day chair to sports chair. Members informed of most appropriate stopping and drop off locations to access the facilities. Pre-session assessment of the drop off point and access route to ensure that any hazards are removed	none	Coaches / Volunteer Helpers		
Players being tipped from chairs	Players may be injured with falling to, and/or striking the floors or walls	Anti-tip devices fitted to all sports wheelchairs and checked prior to every use Coaching and instruction provided to assist players to enable them to reduce the frequency of tipping.	none	Coaches / Volunteer Helpers		
Equipment	Players may be injured as a result of faulty equipment	Suitable equipment to be used at all times All equipment to be checked by coaches prior to session starting Participants must use equipment as demonstrated by coaches and volunteers Faulty/damaged equipment will be removed/replaced Players bringing their own equipment have responsibility to ensure it is fit for purpose to be used in the session – coaches will not be responsible for inspecting condition of any external equipment	Safe use of equipment will be reinforced throughout the session	Coaches / Volunteer Helpers		

		extent		
Dehydration	Overheating, fatigue, dizziness, unconsciousness	<p>Players call to bring adequate water in their own personal water bottle</p> <p>Hall temperature to be assessed prior to session starting</p> <p>Coaches to observe temperature throughout the session and to end session if temperature adversely affects participants</p>	Regular water breaks during session	Coaches / Volunteer Helpers each tank
Injury to body	Injuries can occur if not warmed up properly - strains, sprains	<p>Participants to take part in a warm-up prior to main activities</p> <p>Participants given clear instructions by coaches / volunteers on how to take part in each activity</p> <p>Consent forms used to disclose any necessary medical information</p>	None	Coaches / Volunteer Helpers
Collisions	<p>Injuries can occur when players collide during game play.</p> <p>Injuries can occur when players collide with either walls, equipment or people</p>	<p>Coaching and instruction to involve the avoidance of unnecessary collisions</p> <p>Ensure that the space provided is appropriate for the activity being provided and spectators are made aware of the associated dangers.</p>	none	Coaches / Volunteer Helpers
Fingers struck by wheel spokes	When players are pushing in chairs fingers can be struck by spokes	Coaching and instruction to involve the promotion of finger placement on wheelchair pushing rims	none	Coaches / Volunteer Helpers
Players struck by other players	When players are attempting to intercept or take the ball from other players there is the potential for players to be struck on the face chest or shoulders by players	Coaching and instruction to involve the avoidance of unnecessary contact between players	none	Coaches / Volunteer Helpers
<p>Hazard – Struck by moving objects e.g. boccia / basket balls</p> <p>Harm – cuts, bruises, serious injury</p>	When players are throwing or projecting a ball there is the potential for other people to be struck by the projectile	<p>Sufficient space is available for every participant including wheelchair users for each activity</p> <p>Boccia - Direction of ball for throwing activities is always forwards in court area</p> <p>When athletes are throwing, technique must be taught and coaches / volunteers must be present</p> <p>Participants to abide by rules as set down by coaches and volunteers</p> <p>Boccia balls only collected when coach decides court area is safe</p>	None	Coaches / Volunteer Helpers
Cross	When using shared equipment e.g.	Personal Equipment to be provided to reduce the	Yes - Wheelchair seating,	

Contamination with shared use of equipment	<p>clothing bibs there is the potential for cross contamination of sweat etc.</p> <p>Sports Wheelchair seating, straps etc. can also result in some potential cross contamination of body fluids</p>	<p>sharing of equipment</p>	<p>wheel rims etc. to be cleaned after every session with multi-purpose disinfectant wipes</p> <p>Yes - shared equipment i.e. bibs to be washed weekly</p>	Coaches / Volunteer Helpers
Facility Suitability and Integrity	Injuries can occur in the event of the facility not being suitable or ready for use	<p>Pre-session inspection undertaken to ensure that the flooring surface is free from slip and trip hazards</p> <p>Ensure that all internal doors are secured and not intruding into the playing area</p> <p>Adequate space available for all participants when playing</p> <p>Coaches / volunteers to supervise at all times</p> <p>Participants to remain in full view of coaches / volunteers at all times</p> <p>Defined areas for each activity explained before session begins</p>	<p>No</p> <p>No</p>	Coaches / Volunteer Helpers
Child Protection / Vulnerable adult Issues	<p>Risks to varying groups of people</p> <p>Strangers Talking to / Taking Photographs of Participants</p> <p>Abduction and Abuse</p> <p>Young people leaving on their own</p>	<p>All coaches and volunteers coming into close contact with children and vulnerable people to undergo appropriate checks (e.g. PVG) prior to their participation.</p> <p>Agreements with parents and participants if photos are going to be taken.</p> <p>Coaches / volunteers to be vigilant at all times.</p> <p>Young people to be supervised by coaches at all times.</p> <p>Members of coaching team are informed to report any incidents straight away.</p> <p>Anyone who is not recognised will be approached by coaches.</p>	<p>Yes – PVG's to be completed</p> <p>No - Children's membership forms confirming parents' photographic permissions</p> <p>No – included within the Club policies on Protection of vulnerable groups</p>	Coaches / Volunteer Helpers
First Aid	In the event of injuries occurring to players, officials or spectators First Aid may require to be administered.	<p>Agreement reached with parents' carers etc. that the appropriate first aid will be given to address any injuries sustained whilst participating in the activity.</p> <p>Club to provide at least 1 club official with Emergency First Aid qualification and access to basic first aid equipment and reporting materials in accordance with RIDDOR.</p>	<p>No</p> <p>Yes, first aid training to be provided for club officials and ensure that at least one qualified first aider is present at each session</p>	Coaches / Volunteer Helpers

COVID-19

What are the hazards?	Who might be harmed and how?	What are you already doing to control the risks?	What further action do you need to take to control the risks?	Who needs to carry out the action?	Date complete	Review
Control of club COVID-19 protocols	Club members, Coaches and their families / carers	<p>Appoint a club COVID-19 officer – Stuart Niven</p> <p>COVID-19 Officer to complete Sportscotland COVID officer eLearning training module - https://sportscotland.org.uk/covid19-officer-training/</p> <p>COVID-19 Officer to keep up to date with evolving sportscotland, Scottish Disability Sport and SGB guidance and implement changes to protocols and risk assessment as required</p>	<p>Create club procedures and risk assessment to protect members and minimise risk of contracting the coronavirus</p> <p>All club coaches & volunteers to complete Sportscotland COVID officer eLearning training module</p>	All Coaches & Volunteers		
Unclean venue	Cross Contamination of the virus from unclean surfaces	<p>Check in with venue COVID officer prior to training to assess management processes regarding COVID 19.</p> <p>Have your own supply of anti-bac gel and know where the facility & club keeps their supply."</p>	<p>Ascertain from staff when facility was last deep cleaned & how regularly they clean & any other risk mitigating factors that venue is taking. If no staff, ensure appropriate cleaning takes place before training commences.</p>	Coaches / Volunteer Helpers		
Other users in facility	Cross Contamination of the virus from other people	<p>Understand from the facility what the maximum number of people is to be allowed in the hall. This is based on ventilation per square metre and should not be exceeded.</p>	<p>Find out who else is using facility & when</p> <p>Are social distancing measures in place at the venue?</p>	Coaches / Volunteer Helpers		
Travel to training	Cross Contamination of the virus from other people	<p>Choose mode of travel to comply with social distancing. Consider where you would park</p>	<p>Do not use public transport to avoid contact with others immediately before training.</p>			
Contamination from any individual attending training	Cross Contamination of the virus from other people	<p>Face coverings to be worn before and after activity (unless previously agreed with our COVID-19 Officer)</p> <p>2 metre physical distancing rules in place and physical contact is not allowed outside of social 'bubble'</p>	<p>If any individual due to attend the training showing any symptoms (even if mild) they must not travel to venue and must check in with COVID-19 Officer asap.</p>	Coaches / Volunteer Helpers		

			Start Restrict parent / guardian / carer to one person per member attending and reinforce physical distancing rules	
Contamination from poor personal hygiene	Cross Contamination of the virus from other people, surfaces or equipment	All individuals attending training must sanitise or wash their hands before and after activity	Cleaning stations set up beside each court to allow for sanitising throughout the session. All individuals to sanitise hands or equipment if face touching, coughs or sneezes occur	Coaches / Volunteer Helpers
Equipment	Cross Contamination of the virus from other people, surfaces or equipment	No sharing of equipment allowed allow across all age groups, all sports, contact and non-contact	Players are encouraged to take club equipment home and bring back each week to avoid cross-contamination	Coaches / Volunteer Helpers
Age groups	Different age groups are allowed to mix for contact sport whilst Scottish Government guidance is in place	Ensure latest government, Scottish Disability Sport and National Governing Body guidance is implemented at all times Guidance given to all members that players of all ages can participate in Powerchair Football and are not required to distance during activity	Coaches must be 2 metres from participants at all times Restrict number of people allowed in the sports hall based on facility guidance and age groups	Coaches / Volunteer Helpers
Any individual testing positive to Coronavirus	Cross Contamination of the virus from other people, surfaces or equipment	Inform the clubs COVID-19 Officer ASAP and the register taken at entry will be made available for NHS Scotland Test & Protect	Inform the facility ASAP and the register taken at entry will be made available for NHS Scotland Test & Protect	Coaches / Volunteer Helpers